

Phoneme Overview (with actions)

Nursery	Phase 1 – 7 aspects Phase 2 GPCs plus j v w x y z zz qu ch sh ng Ka
Reception	Phase 2 Phase 3
Year 1	Phase 5a plus y (puppy); y (fly); c (city/ice); ge/dge (large/badge); ire (vampire); are (share); tch (catch) ADDITIONAL: au, ey, wh

GPC	“__ as in __”	Action
s	snake	Squirm your arm upwards in front of you like a snake.
a	apple	Pretend to take a bite of an apple.
t	tower	Stand very tall and stretch your arms out from your shoulders in the shape of a 't'.
p	parrot	Open and close one hand to make the mouth of a talking parrot.
i	insect	Place one hand on your leg and mime an insect crawling.
n	net	Use both arms to make a circle in front of your body
m	mountain	Make a mountain by placing your arms above your head.
d	dinosaur	Make dinosaur jaws with your arms.
g	girl	Girls point to themselves; boys point to a girl.
o	octopus	Wave your arms around.
c	caterpillar	Make a 'c' shape with finger and thumb, then crawl it up in the air in front of you.
k	kangaroo	Hop three times.
ck	chick (add pic to card)	Two fingers, move like bird beak
e	elephant	Clasp hands, bend over and wave your 'trunk'.
u	umbrella	Pretend to open an umbrella.
r	rabbit	Hop with your hands on your head like long ears.
h	horse	Gallop on the spot.
b	bat	Pretend to hit a ball with a bat.
f	flower	Pretend to smell a flower that you are holding.
ff	puff (add pic to card)	Puff out cheeks
l	leg	Shake your legs and point to them. Walk on the spot.
ll	bell (add pic to card)	Ring an old-fashioned school bell
ss	dress (add pic to card)	Swish skirt
j	jump	Raise your arms high up in the air and leap once.
v	vulture	Make a 'v' shape with your arms and bring them down to imitate a vulture.
w	worm	Wiggle your finger like a worm.
x	exercise	Do star jumps and have the children follow you.
y	yo-yo	Pretend to make a yo-yo go down and up.
z	zip	Pretend to zip up your coat.
zz	buzz (add pic to card)	Thumb and forefinger together, and move like a bee flying
qu	queen	Place an imaginary crown on your head.
ch	chipmunk	Pretend to nibble, fingers at mouth
sh	shoe	Point to shoe
th	thumb	Hold up thumb
th	feather (add pic to card)	Pretend to tickle under chin with a feather
ng	king	Bow
ai	train	Arms at side, circular movements like train wheels
ee	tree	Two arms, lift up and spread like a tree

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igh	light	Pull cord to turn on light
oa	boat	Row a boat
oo	moon	Draw crescent moon with hand
oo	book	Use both hands, open a book
ar	car	Pretend to drive a car
or	corn	Pretend to eat corn on the cob
ur	turtle	Two hands on top of each other, fingers interlocked, move thumbs like flippers
ow	cow	Milk a cow
oi	boil	Use fingers, wiggle upwards
ear	near	Beckon to come near
air	hair	Pretend to brush hair
ure	cure	Inject cure into arm
er	batter	Cricket bat action
Year One		
ay	play	Use hands like a clapping game
ou	shout	Place hands either side of mouth and mime shouting
ie	tie	Pretend to do up a tie
ea	tea	Pretend to drink tea
oy	toy	Pretend to wind up a toy
ir	whirl	Use hand to make circular whirling movement
ue	glue	Paste glue on hand
aw	see-saw	Use arms stretched out either side, rock like a seesaw
ew	stew	Stir a pot of stew
a-e	cake	Eat a slice of cake
e-e	athlete	Mime running
i-e	crocodile	Use hands, hinged at wrists like jaws snapping
o-e	phone	Use hand like a phone
u-e	cube	Suck through a straw like having a cold drink
y	puppy	Digging movements with hands like a dog
y	fly	Swat a fly
ow	snow	Throw a snowball
ci	city	Make a tall building with your arms
ce	ice	Rub arms and shiver
ge	large	Spread arms wide
dge	badge	Draw a circle on your lapel
ire	vampire	Bare teeth like a vampire
are	share	Mime dealing out cards
tch	catch	Pretend to catch a ball
oe	toe	Stand on tip-toes
ph	photo	Take photo with a camera