



BERLESDUNA
ACADEMY TRUST

Allergy Safety Policy

This Policy was updated, to take effect from:	September 2026
This Policy will be reviewed:	Annually
It was ratified by the CEO on:	June 2026
This policy will be reviewed:	June 2027

1. Purpose

This policy sets out how Merrylands Primary School and Nursery supports pupils with allergies, including prevention, management, and emergency response, to ensure a safe and inclusive environment for all.

2. Aims

We aim to:

- Protect pupils with allergies from harm
- Enable full participation in school life
- Ensure all staff understand allergy risks and how to respond
- Meet statutory and safeguarding expectations

3. Responsibilities

Governing Body

- Ensure this policy is in place, reviewed annually, and implemented effectively

Headteacher

- Overall responsibility for allergy safety and compliance

Designated Allergy Lead: Phil Andrews

- Leads implementation of this policy
- Maintains training records
- Oversees Individual Healthcare Plans (IHPs)

All Staff

- Know which pupils have allergies
- Follow prevention and emergency procedures
- Attend required training

4. Identification and Planning

- Parents must inform the school of any allergies
- Pupils with significant allergies will have:
 - An **Individual Healthcare Plan (IHP)**
 - A clinician-provided allergy action plan where available
- Key information will be shared with relevant staff

5. Prevention and Risk Management

We will:

- Maintain an up-to-date list of pupils with allergies
- Put reasonable adjustments in place (e.g. food management, classroom adaptations)
- Ensure safe practices during:
 - Lunchtimes
 - Cooking activities
 - Trips and visits
- Promote awareness among staff and pupils (age-appropriate)
- Schools will not operate blanket "nut-free" or allergen-free environments unless supported by an individual risk assessment. Instead, the school will implement proportionate control measures and reasonable adjustments based on individual pupil risk.

6. Staff Training

- All staff will receive **allergy awareness and anaphylaxis training**
- Training will cover:
 - Recognising symptoms
 - Preventing exposure
 - Emergency response, including use of adrenaline auto-injectors (AAIs)
- Training will be refreshed regularly and recorded

7. Emergency Procedures

In the event of a suspected allergic reaction:

- 1. Act immediately – do not delay**
- 2. Follow the pupil's IHP/action plan**
- 3. Administer adrenaline auto-injector (if required)**
- 4. Call 999 and state “anaphylaxis”**
- 5. Contact parents/carers**
 - Spare AAls will be held on site where appropriate
 - All incidents will be recorded and reviewed

8. Storage and Accessibility of Medication

- Pupils' prescribed medication will be:
 - Clearly labelled
 - Easily accessible, not locked away
- Staff will know where medication is stored
- Expiry dates of emergency medication will be monitored routinely and parents/carers will be notified in advance when replacement medication is required.

9. Educational Visits and Activities

- Risk assessments will include allergy considerations
- Staff attending will be informed of relevant pupils and procedures
- Medication will always accompany the pupil

10. Inclusion

We will:

- Avoid unnecessary exclusion from activities
- Make reasonable adjustments so pupils can participate safely

- Promote understanding and respect among peers

11. Monitoring and Review

- This policy will be reviewed:
 - Annually, or
 - Following any serious incident
- The school will learn from incidents and update practice accordingly

12. Linked Policies

- Supporting Pupils with Medical Conditions Policy
- Safeguarding Policy
- Health and Safety Policy